

Mentee Program Guidelines



What to expect

Our hope for this program is that our Mentees will feel empowered to make a difference, build relationships with Mentors and other adults and that everyone learns from this experience. As the Mentee, you play an important role in the success of our program.

Qualifications

- Desire to create a healthier digital environment with a project focused on improving social media, mental health, the Big Tech business model, screen time, or digital wellness
- Willing to share your ideas
- Able to listen and integrate feedback from your Mentor
- Able to dedicate 5 hours a month to your project
- 18-26 years-old

What you'll get

- 1:1 access to an expert in the field of your choice
- Ongoing relationship with your Mentor
- Group workshops
- Increased confidence and visibility
- Certification of completion from the program
- Recognition from the Screen Time Action Network
- A spotlight with our advisory board members

Timeline

March 31	Application due
May	Orientation
June-August	Mentoring and group training
September	Culminating project



**BE THE
FIRST TO
GET UPDATES
AND APPLY!**

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