



Providing expert mentoring for the next generation of digital wellness leaders

You have the drive. We have the experts.

When we carefully match young people with our activists and researchers, just imagine what can happen!

Is this you?

- Young adult between 18-26 years-old
- Passionate about a project or idea related to reducing screen time, increasing intentional use of technology, creating a healthier digital environment
- Interested in working with a mentor in the field to help guide your project or develop your idea
- Motivated to make a difference

**BE THE FIRST TO GET
UPDATES AND APPLY!**

screentimenetwork.org/next-gen



NextGen Connect is a new mentoring program to support young thought leaders who are striving to improve the digital landscape and reduce screen time for their peers, siblings and generations to come.



How NextGen Connect will work

We will pair each young adult with an Action Network expert in their field of interest and give them 1:1 time to build a relationship, collaborate and take their project to the next level. We will also provide group workshops in these areas of interest: the legislative process, creating a grassroots movement, and press relations. At the end of the program, Mentees will present their projects to our advisory board and cohort group.

To be a Mentee

Mentees will be 18-26 years-old and will have a desire to create a healthier digital environment. Mentees may have an existing project they are already working on or may be in the idea formation stage. Projects can be focused on improving: social media, mental health, the Big Tech business model, screen time, or digital wellness. **Applications are due March 31.**

To be a Mentor

Mentors will come from our pool of Action Network members and will have backgrounds and expertise in areas such as: Early Childhood, Addiction, Advocacy, Legislation/Politics, Medicine/Pediatrics, Research, Mental Health and Education. **Applications are due April 15.**

To donate to this program

Your tax-deductible donation will ensure that we continue to elevate the voices of our youth members as we expand this program into year 2 and beyond. Donate [here](#).

Learn more

To learn more about the program and to sign up to be a Mentor or Mentee, please visit us at screentimenetwork.org/next-gen

**Have questions? Contact
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