Dear [name of principal or teacher at your child’s early childhood center or preschool],

As an extension of your commitment to best practices in early childhood education, I’m writing to ask [name of center] to consider becoming a screen aware practice. Screen awareness prioritizes real-world experiences and relationships in the early years and encourages practices that are anchored in research-based understandings of the impacts of screen technologies on child development.

While technologies change, children’s developmental needs do not. There is no evidence that screen-based experiences provide the many benefits of real-world social interactions and caregiving. To the contrary, screen use can reduce the quality of interaction and attachment between children and their caregivers and disrupt physical, social, emotional, and language development.

In support of early childhood practitioners, the [Screen Aware Early Childhood Action Kit](https://fairplayforkids.org/pf/eckit/) from the Screen Time Action Network at Fairplay provides free, research-based resources for maintaining supportive learning environments in a screen-based world. It also includes fact and action sheets that can be used to help families cultivate screen awareness at home.

It is my hope that this information and collection of resources will help [name of early childhood center or preschool] promote screen awareness across classroom and home environments.

Thank you for your ongoing commitment to the health and wellbeing of our children!

Sincerely,

[Your name]