

# Online Harms Prevention

## Action Kit



### Guidance and Research

for adults who want to help teens stay safe online

### Strategies

for recognizing and addressing online harms

### Conversation Starters

to talk to teens about dangers online

### Resources

for reducing online harms

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## Topics

- Artificial Intelligence
- Cyberbullying
- Depression, Suicide, and Self-Harm
- Eating and Body-Image Disorders
- Gaming Overuse
- Harmful Algorithms
- Harmful Challenges
- Illegal Drug Sales
- Online Sexual Exploitation
- Pornography
- Protect Your Child Online
- Screen Overuse

